

Days: 1 Day

Prerequisites: There is no skills test or demonstration required for completion of this course. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements.

Audience: Anyone is welcome to take this course. This course is also recommended for:

- Educators / teachers / coaches
- Emergency response (EMS) / Law enforcement and fire personnel
- Airline staff
- Lifeguards / athletic or personal trainers
- Retail / restaurant / hospitality staff
- Employees requiring refresher training
- Tattoo artists
- Individuals requiring certification

Description: This course combines basic First Aid and CPR skills, instruction, and practice with an AED. It is intended to provide training for individuals who want to learn basic CPR, First AID, and AED Skills, as well as acquire a 2-year NSC certification. This course also uses the PACT acronym (Protect, Act, Clean, Tell) and tagline, "Make a PACT, Know How to Act™," to help students learn and easily recall bloodborne pathogens training.

Course Objectives: Students will learn how to:

- Take action in a medical emergency
- Assess the victim
- Provide basic life support, including airway management, breathing and circulation
- Use an AED
- Protect themselves from blood or blood-containing materials
- Act quickly and safely
- Clean the area that has blood or blood-containing materials
- Tell their supervisor about the incident

OUTLINE:

COURSE INTRODUCTION

LESSON 6: SHOCK

LESSON 1: ACTING IN AN EMERGENCY

LESSON 7: BURNS

LESSON 2: PREVENTING DISEASE TRANSMISSION

LESSON 8: BONE, JOINT, AND MUSCLE INJURIES

LESSON 3: CHECK THE VICTIM

LESSON 9: HEAD AND SPINE INJURIES

LESSON 4: RECOVERY POSITION

LESSON 10: SUDDEN ILLNESS

LESSON 5: BLEEDING AND WOUND CARE

LESSON 11: POISONING AND ALLERGIC REACTIONS

NSC First Aid, CPR, AED & BBP

LESSON 12: COLD AND HEAT EMERGENCIES

LESSON 13: RESCUING AND MOVING VICTIMS

LESSON 14: CPR AND AED

LESSON 15: CHOKING

LESSON 16: PROTECT

LESSON 17: ACT

LESSON 18: CLEAN

LESSON 19: TELL

LESSON 20: NEXT STEPS